

**Hokkaido University Graduate School of Health Sciences**  
**Division of Health Sciences**  
**AY2025 Master's Degree Programs Application Guidelines**

## **1. Student Intake**

Division of Health Sciences:

Up to a maximum of 40 students in total for the Division (the Master's Degree Program in Health Sciences and the Master's Degree Program in Nursing)

1) We are open to all applications from working adult applicants in Japan and overseas student applicants for the above enrollment limit of 40.

2) The above enrollment limit of 40 includes a few places to enroll in each major field of study of Advanced Public Health Nursing, Advanced Midwifery and Advanced Practice Nursing in the Master's Degree Program in Nursing.

**3) Applicants shall be advised to contact a faculty member of their desired field of research (see appended list at the end of these guidelines) to discuss research projects before applying.**

## **2. Degree Programs and Major Fields of Study**

Division	Degree Program (Course)	Major Field of Study (Education and Research Field)
Division of Health Sciences	Master's Degree Program in Health Sciences	Biomedical Science and Engineering Medical Laboratory Science Rehabilitation Health Research Studies
	Master's Degree Program in Nursing	Nursing Science Advanced Public Health Nursing Advanced Midwifery Advanced Practice Nursing

## **3. Application Requirements**

### Home Student Applicants

You must meet one of the below requirements.

- 1) Applicants who are graduates or expect to graduate from a university by March 31, 2025
- 2) Applicants who have been awarded a bachelor's degree, or expect to be awarded a bachelor's degree by March 31, 2025, by the National Institution for Academic Degrees and Quality Enhancement of Higher Education.
- 3) Applicants who have their 16-year school education in overseas countries completed or expect to have it completed by March 31, 2025
- 4) Applicants who have their 16-year school education of overseas countries completed by taking courses through correspondence from overseas institutes while living in Japan or expect to have it

completed by March 31, 2025

- 5) Applicants who have completed, or expect to complete by March 31, 2025, a program at an educational institute in Japan which is accredited to offer an undergraduate program of an overseas university under the school education system of the country concerned and is also designated by the Minister of Education, Culture Sports, Science and Technology (the ministry thatof is hereinafter referred to as “MEXT”). The eligible applicants need to have completed their 16-year school education of the same country as the above overseas university.
- 6) Applicants who have been awarded a degree equivalent to a bachelor’s degree from an overseas university or an overseas school (of which the overall level of education and research is evaluated by the organization accredited by the government or relevant authorities of the concerned country, or designated as equal to such by the Minister of MEXT) by completing a three-or-more year program.
- 7) Applicants who have completed a specialized program at a specialized training college designated by the Minister of MEXT on or after the date prescribed by the said Minister, or expect to complete by March 31, 2025.
- 8) Applicants designated by the Minister of MEXT (Ministry of Education, Science and Culture, Notice No. 5 of 1953).
- 9) Applicants who have attended a university for three years or more and are deemed to have earned a prescribed number of credits with an excellent performance by Hokkaido University Graduate School of Health Sciences.
- 10) Applicants who fall into one of the following and are deemed to have earned a prescribed number of credits with an excellent performance by Hokkaido University Graduate School of Health Sciences:
  - A. Those who have their 15-year school education completed in overseas countries.
  - B. Those who have their 15-year school education of overseas countries completed by taking courses through correspondence from overseas institutes while living in Japan.
  - C. Those who have completed an undergraduate program of an overseas university (completion of a 15-year curriculum under the school education system of the same country is a prerequisite) at an educational institute in Japan which is accredited to offer undergraduate programs of the overseas university under the education system of the country concerned. The completed undergraduate program must be designated by the Minister of MEXT.
- 11) Applicants who are assessed to have the academic competence equivalent or superior to that of a bachelor’s degree holder by the Application Review for Qualification Approval and turn 22 by March 31, 2025.
- 12) Applicants for the Master’s Degree Program in Nursing who apply for a place in the major field of study “Advanced Public Health Nursing” or “Advanced Midwifery” must fall into one of the above 1) to 11) and have, or gain by March 31, 2025, a registered nursing qualification.
- 13) Applicants for the Master’s Degree Program in Nursing who apply for a place in the major field of study “Advanced Practice Nursing” must fall into one of the above 1) to 11) and have work experience for 3 years or more as a registered nurse (please confirm with the faculty in charge of “Advanced Practice Nursing”).

**Note:**

- Application Review for Qualification Approval in 3. 11) is a prerequisite before accepting the application from non-degree holders who have graduated or completed a junior college, college of technology, specialized training college, other types of school or other educational institutes. If the applicants are deemed to have academic competence equivalent or superior to that of a graduate through screening based on their research history and skills including work experience, their application may be accepted to take the academic admissions exam.

**- Applicants who fall into 3. 9), 10) or 11) must go through the Application Review for Qualification Approval. Follow the instructions in “9. Application Review for Qualification Approval” to gain approval before making an application for a master’s degree program.**

## Working Adult Applicants

Applicants who stay on their job after their enrollment in a master's program must meet one of the Application Requirements 1) to 13) for "Home Student Applicants" above and need to have gained specialized work experience in the healthcare or public health industries or at welfare facilities, education and research institutes, government offices or corporates for two years or more (can be aggregate years) by April 2025.

*Special Measures in the Delivery of Education Pursuant to Article 14 of the Standards for Establishment of Graduate Schools* are available for those who gained admissions through "Working Adult Applicants" screening to facilitate their university studies.

Note:

- Circle the "Yes" option on your admissions application form if you would like Article 14 to apply to you.
- Please be advised that Article 14 does not apply to the practical training courses (e.g. "XXX Practice I") and "Supervised Individual Study in Nursing Practice" for the students whose major field of study is either Advanced Public Health Nursing, Advanced Midwifery or Advanced Practice Nursing in the Master's Degree Program in Nursing.

cf. Article 14 of the *Standards for Establishment of Graduate Schools* (excerpt from the Ordinance of the Ministry of Education, Science and Culture No. 28 of 1974)

Article 14 When deemed particularly necessary for the education in a graduate degree program, graduate students may be offered education in a feasible manner such as the delivery of classes and research supervision during night-time hours, specific hours or specific periods.

## Overseas Student Applicants

Applicants must meet one of the application requirements listed 3) to 6), 10) or 11) under "Home Student Applicants".

And also,

- Applicants hoping for a MEXT scholarship: The scholarship application may require a "letter of consent for acceptance". In that case, the applicant must directly contact a faculty member in his/her desired field of study and request prior consent for acceptance. Upon unofficial approval of the consent, ask the faculty to organize and sign a letter of consent for acceptance.
- Applicants who are self-supported: You must obtain a "recommendation letter from supervising faculty" from a faculty member of your desired field of study.

## **4. How to Apply**

1) Admissions Window (starting date, closing date & time):

From Thursday, July 11 to Thursday, July 18, 2024

Office open: 8:30 am to 5:00 pm (Japan Standard Time. Closed Saturdays, Sundays and public holidays)  
Submit the documents listed in 4. 2) in person, or by post to the address in 4. 3) (send by "Kakitome-Sokutatsu" (insured registered express mail) via Japan Post, or its equivalent from overseas). The closing date must be strictly observed.

## Application Procedure for Overseas Student Applicants

Please note, that your application will not be accepted unless you complete below **Steps 1-3**.

### **Step 1. Apply Online.**

- i) Send an email to [kyomu@hs.hokudai.ac.jp](mailto:kyomu@hs.hokudai.ac.jp) to obtain the password to access “HOKKAIDO UNIVERSITY Graduate School of Health Sciences Online Application” <https://e-apply.jp/e/hokudai-hs/>  
In your email, please indicate whether you are applying for a master’s or doctoral degree program.
- ii) Go to the above Online Application website “HOKKAIDO UNIVERSITY Graduate School of Health Sciences Online Application”.
- Note:
- Go through the instructions and reminders before making an application. On the top page, click “English” and then click “Introduction” to read.
  - You need a printer and contact email address (the one provided by your mobile/cell phone company is not acceptable) through the procedure to make an application, print out necessary documents and later receive an automatic email notification of payment for the admissions exam.
- iii) Follow the on-screen instructions to select the option applicable to you or enter the necessary information.
- iv) When you have completed the procedure, you will receive an application completion email at your registered e-mail address.

## **Step 2. Pay your Admissions Exam Fee.**

(exemption applies to the overseas students on the MEXT scholarship)

- i) When you have completed the online application procedure, continue to the payment page.  
Use one of the following payment methods.

### **A. Credit card**

Enter your credit card number, expiration date, cardholder’s name and security code.

B. Pay-easy (using a bank ATM, Japan Post Bank ATM or its online banking service), convenience store or internet banking (PayPay Bank or Rakuten Bank)

#### **a) Pay-easy ATM**

Make a note of the payment code (Pay-easy payee number), application number (remitter number) and confirmation number issued after you select a payment institution. Take the note with you to the above payment institution when making your payment at a Pay-easy ATM.

#### **b) Convenience store**

Make a note of the application number (remitter number), and the confirmation number or online payment number, issued after you select a payment institution. Take the note with you to the convenience store you selected when you make your payment (there is a list of convenience stores with in-store payment services to pay your Admissions Exam Fee – see our Online Application website).

#### **c) Paypay Bank/Rakuten Bank**

Follow the instructions shown on the screen.

### **C. Payments via the China Union Pay network “China Union Pay”**

Type in your bank account number, expiration date, password and other information required on the UnionPay payment page to complete payment.

- ii) The required information and the procedures may vary by financial institution. Read the on-screen instructions carefully before making payment.

A handling fee of 500 yen will apply on top of the Admissions Exam Fee of 30,000 yen when you make the admissions exam fee payment.

Note:

The applicants who reside overseas at the time of application and are unable to pay by credit card or China Union Pay should ask a person in Japan to pay on their behalf using the above method A or B.

## **Step 3. Submit the required documents in person or by post.**

- i) Hand in or send by post your completed application form generated upon completion of the online application process along with all other required documents within the application period. Affix one of the postal address labels printed out with the application form to the prescribed envelope if sent by post. The

closing date must be strictly observed.

ii) **The application process will be complete when all required documents have been received by our Administrative Office (see 4. 3)). Please be advised that your application will not be complete if you have gone through the online application process but have not submitted any hard copy documents to us.**

#### **Step 4. If you need to make inquiries regarding the online application procedures**

Please contact below by e-mail.

Customer Service Center, Career-tasu, Inc.

E-mail: cvs-web@career-tasu.co.jp

#### **2) Required Documents and Admissions Exam Fee**

##### Home student applicants

1	Admissions application form	Use a prescribed admissions application form.
2	Examination admission card and photo card	Use prescribed forms. Fill in with the required information and attach an ID photo (in size 40mm × 30mm, face-to-shoulder shot with no hat and no background, taken within the last three months) to each card. Print your name on the back of the photos.
3	Personal statement	Use a prescribed form.
4	Graduation (or prospective graduation) certificate	Issued by the president of your university (or the dean of the school of the university you graduated/are graduating from). Applicants who meet one of the application requirements listed 9), 10) or 11) under 3. Application Requirements “Home Student Applicants” should submit a photocopy of the result from the application review for qualification approval instead (see 9. Application Review for Qualification Approval). A graduation (or prospective graduation) certificate is not required if you have graduated from the College of Medical Technology, Hokkaido University or have graduated/expect to graduate from the Department of Health Sciences, School of Medicine, Hokkaido University.
5	Transcript	A sealed transcript issued by the president of your university (or the dean of the school of the university you graduated/are graduating from). Not required if you have graduated from the College of Medical Technology, Hokkaido University or have graduated/expect to graduate from the Department of Health Sciences, School of Medicine, Hokkaido University. Also not required if you have already submitted your transcript through the Application Review for Qualification Approval.
6	Admissions exam fee 30,000 yen (MEXT scholarship students are exempt from the fee)	Use the attached bank transfer form (perforated into five sections, acceptable at post offices and banks) to pay at your local post office or bank branch.
7	Proof of payment form	Fill in your name on the form and attach “Kentei-ryo uketsuke

		shomei-sho" (the validated portion of the bank transfer form stamped by the post office or bank upon payment of the examination fee) where indicated on the proof of payment form.
8	Self-addressed stamped envelope	Write your name and address with your postcode and attach a 94 yen postage stamp on a bound-in envelope (small envelope) included in the back of the application guidelines (printed edition). (We will send you your examination admission card at a later date)
9	Mailing label	Use a prescribed sticker label sheet. Write your name and address with your postcode on two prescribed labels. We will use them to send you your exam results in September 2024 and admission documents in February 2025. If your address changes after submission of the required documents, please contact us immediately at Academic Affairs <a href="mailto:kyomu@hs.hokudai.ac.jp">kyomu@hs.hokudai.ac.jp</a> .
10	Photocopy of residence card or equivalent	Foreign residents in Japan should submit a photocopy of their residence card or an equivalent certificate which verifies their resident status.
11	<Only applicable to the applicants for Public Health Nursing, Advanced Midwifery, and Advanced Practice Nursing> Photocopy of registered nurse license or nurse registration certificate	When applying for Public Health Nursing, Advanced Midwifery or Advanced Practice Nursing must submit a photocopy of your registered nurse license if you are already qualified, or a photocopy of a nurse registration certificate issued by the Ministry of Health, Labour and Welfare after taking and passing the national exam if you are to be qualified as a registered nurse. We may cancel your admission to our Graduate School if you do not submit the above.

**Note:**

1. Applicants who have been awarded a bachelor's degree by the National Institution for Academic Degrees and Quality Enhancement of Higher Education must enclose a certificate of degree conferred and a transcript of which credits earned have been examined through the degree-awarding review by the Institution.

**Working Adult Applicants**

Working adult applicants must submit the following documents in addition to those required of the home student applicants listed above.

12	Letter of approval to study at Hokkaido University (shugaku shodaku-sho)	Use a prescribed form. Must be issued by the head of the department of the organization you work for.
13	Certificate of employment stating the duration of employment (zaishoku kikan shoumei-sho)	A document verifying your job title and period of employment (format not specified). Not required if you have already submitted a copy through the "Application Review for Qualification Approval" process.

14	Proof of language proficiency (English) (gogaku-ryoku shomei shorui)	An Official Score Report (original) of TOEFL or IELTS taken within two years before the master's admissions exam month (August 2024).* *If you cannot submit the original Official Score Report by the application closing date, take a screenshot of your score on the exam organization's website, print it out and submit it. You must also send us the original as soon as it arrives. Please be advised that we will cancel your application if you do not send the original by the admissions exam date.
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### Overseas Student Applicants

Overseas Student Applicants must submit all 1-10 below within the admissions window.

1	Admissions application form (nyugaku gansho)	Complete the online form and print out the admissions application form in A4 (this includes your academic CV details). Attach an ID photo (in size 40mm × 30mm, face-to-shoulder shot with no hat and no background, taken within the last three months) to the form.
2	Examination admission card (juken hyo) and photo card (shashin hyo)	Attach an ID photo (in size 40mm x 30 mm, face-to-shoulder shot with no hat and no background taken within the last three months) on the examination admission card and photo card printed out with the admissions application form. Print your name on the back of the photos.
3	Recommendation letter (suisen sho)	A recommendation letter from the head of your affiliated department at your workplace or the principal or faculty of the educational institute you gained your highest educational qualification/attainment from. The letter has to be an original document (not scanned or photocopied) signed by the issuer of the letter in original handwriting (electronic signature not accepted) or officially stamped by the issuing institute.
4	Graduation (prospective graduation) certificate (sotsugyo shoumei-sho or sotsugyo mikomi shomei-sho)	Issued by the president/principal of your university (in English or Japanese)†  †Those who graduated or will graduate from a university in China (it does not include Taiwan, Hong Kong and Macau) must submit the following documents in addition to your graduation (or prospective graduation) certificate.  <u>Graduates must submit both i) and ii) below:</u> i) Online Verification Report of Higher Education Qualification Certificate (教育部学历证书电子注册备案表); and ii) Graduation certificate (毕业证书) AND diploma (学位证书). <u>Prospective graduates must submit:</u> i) Online Verification Report of Student Record (教育部学籍在线验证报告).  Obtain the above report i) from the site “中国高等教育学历证书查询” <a href="http://www.chsi.com.cn/xlcx/bgys.jsp">http://www.chsi.com.cn/xlcx/bgys.jsp</a> . Make sure that there are 15 days or more left before the expiration date of the online verification at the time of the report submission.
5	Transcript (seiseki shomei-sho)	Issued by the president/principal of your university (in English or Japanese)
6	Personal statement	Use the prescribed form, in approximately 2 x A4 pages (handwritten

	(shibo riyu-sho)	not accepted)																				
7	Admissions exam fee (kentei ryo) 30,000 yen (MEXT scholarship students are exempt from the fee)	<p>Print out and submit a copy of the payment-received email after making payment using one of the methods below.</p> <p>&lt;&lt;How to pay&gt;&gt;</p> <p>Follow the on-screen instructions to make payment after completing the online application. Select one of the below payment methods.</p> <p>A. Credit card (Visa, MasterCard, JCB, American Express, etc.)</p> <p>B. Pay-easy (using a bank ATM, Japan Post Bank ATM or its online banking service), convenience store and internet banking (PayPay Bank and Rakuten Bank ). Make a note of the confirmation number issued after you select a payment service (the confirmation number varies with the said services) and take it with you to your choice of payment service intermediary.</p> <p>C. Payments via the China Union Pay network “China Union Pay”</p> <p>Note:</p> <p>If you are not able to pay by credit card or China Union Pay and live outside Japan, ask a person in Japan to make payment on your behalf by method A or B.</p> <p>Important:</p> <ul style="list-style-type: none"><li>- Money orders and cash are not accepted.</li><li>- Print out your customer’s receipt or payment-received email and keep it as your proof of payment.</li></ul>																				
8	Proof of language proficiency (English and Japanese) (gogaku-ryoku shomei shorui)	<p>English language:</p> <p>An Official Score Report (original) of TOEFL or IELTS taken within two years before the master’s admissions exam month (August 2024).‡</p> <p>‡If you cannot submit the original Official Score Report by the application closing date, take a screenshot of your score on the exam organization’s website and submit it. You must also send us the original as soon as it arrives. Please be advised that we will cancel your application if you do not send the original by the admissions exam date.</p> <p>Japanese language:</p> <p>An official score certificate of Japanese language proficiency test§.</p> <p>Current research students of Hokkaido University can submit a certificate of program completion of the Japanese language program provided by the International Education and Research Division of the Institute for the Advancement of Higher Education, Hokkaido University.</p> <p>§Must be from one (or can be more than one) of the following ten government-recognized language assessment tests.</p> <table><tr><td></td><td>Name in Japanese</td><td>Name in English</td><td>Also known as</td></tr><tr><td>1</td><td>日本語能力試験 (JLPT)</td><td>JAPANESE-LANGUAGE PROFICIENCY TEST</td><td>JLPT</td></tr><tr><td>2</td><td>BJT ビジネス日本語能力テスト</td><td>Business Japanese Proficiency Test</td><td>BJT</td></tr><tr><td>3</td><td>J. TEST 実用日本語検定</td><td>J.TEST</td><td>J.TEST</td></tr><tr><td>4</td><td>日本語 NAT－TEST</td><td>Japanese Language NAT-TEST</td><td>NAT-TEST</td></tr></table>		Name in Japanese	Name in English	Also known as	1	日本語能力試験 (JLPT)	JAPANESE-LANGUAGE PROFICIENCY TEST	JLPT	2	BJT ビジネス日本語能力テスト	Business Japanese Proficiency Test	BJT	3	J. TEST 実用日本語検定	J.TEST	J.TEST	4	日本語 NAT－TEST	Japanese Language NAT-TEST	NAT-TEST
	Name in Japanese	Name in English	Also known as																			
1	日本語能力試験 (JLPT)	JAPANESE-LANGUAGE PROFICIENCY TEST	JLPT																			
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3	J. TEST 実用日本語検定	J.TEST	J.TEST																			
4	日本語 NAT－TEST	Japanese Language NAT-TEST	NAT-TEST																			



		5	STBJ 標準ビジネス日本語テスト	Standard Test for Business Japanese	STBJ
		6	TOPJ 実用日本語運用能力試験	TOP JAPANESE	TOPJ
		7	J-cert 生活・職能日本語検定	Certificate of Japanese as a Foreign Language	J-cert
		8	JLCT 外国人日本語能力検定	Japanese Language Capability Test	JLCT
		9	実践日本語コミュニケーション検定・ブリッジ (PJC Bridge)	Practical Japanese Communication Exam (PJC Bridge)	PJC Bridge
		10	JPT 日本語能力試験	Japanese Proficiency Test	JPT
9	Letter of consent for acceptance or letter of recommendation from a prospective supervising faculty member (ukeire naidaku-sho or ukeire kyouin suisen-sho)	Approximately 1 x A4 page (format not specified; handwritten not accepted). (To be completed by a prospective supervising faculty member in charge of your preferred major field of study in one of the degree programs. You are required to ask the faculty to include the communication history between the faculty and you in the letter such as emails and online interviews.)			
10	Other	Provide both i) and ii) listed below: i) Proof of finance to meet your educational expenses such as a bank balance statement (the original document) or passbook showing the balance (a photocopy) of the applicant or the person who pays the applicant's educational costs. ii) Proof of citizenship/nationality and proof of residence status in Japan – a photocopy of passport or Japanese residence card (zairyu card)."			

### 3) Where to Submit the Application Documents

#### Postal address

Academic Affairs  
Administration Division  
Graduate School of Health Sciences  
Administrative Office of Medicine and Health Sciences  
Hokkaido University  
Kita 12, Nishi 5, Kita-ku, Sapporo 060-0812  
JAPAN  
Phone: 011-706-3318  
Email: [kyomu@hs.hokudai.ac.jp](mailto:kyomu@hs.hokudai.ac.jp)

Note: Please enclose all documents in a bound-in envelope (large envelope) included in the back of the application guidelines (if you have a printed edition) and hand it in at the above address or send it by post.

### 4) Important Reminders

- i) We do not accept incomplete applications. Check written errors and incomplete information in the required forms.
- ii) You cannot make any changes to your application once accepted. We will not return your application documents.
- iii) Falsified information in your application documents can lead to cancellation of admission.

- iv) Submit a documentary proof such as an extract of the family register if any of your names have changed from those on your graduation certificate (e.g. change in surnames).
- v) When you send your application documents by post from within Japan, use the bound-in envelope to this application guidelines brochure (large envelope) and send by “kakitome sokutatsu” (insured registered express mail). Use the same envelopes if you hand in your documents at our office in the Graduate School.
- vi) If you are an applicant with disabilities and require reasonable accommodation for the interview process and your study at Hokkaido University, please let us know at Academic Affairs, Administrative Division at the Graduate School of Health Sciences before the Admissions Window in 4. 1) starts.
- vii) If you need to apply for extended enrollment as described in “10. Extended Enrollment”, you must email us at [kyomu@hs.hokudai.ac.jp](mailto:kyomu@hs.hokudai.ac.jp) to request an application form for extended enrollment and submit it with other required documents at the time of admissions application.
- viii) There is no refund of the admissions exam fee paid under any circumstances except for the following.
- You paid the admissions exam fee but did not make an application for a degree program; or your application documents were incomplete and not accepted. ¶
  - You paid a duplicate admissions exam fee. ¶

¶Ask Academic Affairs, Administrative Office, Graduate School of Health Sciences for a refund. Must allow a reasonable period for the process of refund. Keep the receipt “Kentei-ryo uketsuke shomei-sho” (examination fee payment certificate - the validated portion of the bank transfer form stamped by the post office or bank upon payment of the examination fee) or “Furikae haraikomi seikyu-sho ken juryou-sho” (same as the said certificate) which you will be asked to present to receive your refund.

## 5. Admission Policies and Procedures

The selection of home student applicants and working adult applicants comprehensively considers the written and oral exam assessment and the review of applicants’ submitted documents.

Meanwhile, we conduct online interviews along with a document review on the admissions of overseas students.

## 6. Exam Schedule, Location and Type of Exam

### 1) Academic admissions exam

**Date: Tuesday, August 20, 2024**

### 2) Exam format, time and place

#### Home student applicants

Degree Program Exam subject	Format	Master's Degree Program in Health Sciences	Master's Degree Program in Nursing	
		Major Field of Study		
		Biomedical Science and Engineering Medical Laboratory Science Rehabilitation Health Research Studies	Nursing Science	Advanced Public Health Nursing Advanced Midwifery Advanced Practice Nursing
English language proficiency exam (TOEFL - ITP)	Written exam	9:00 – 11:30		
Specialized subject - essay	Written exam	12:30 – 13:30		

Specialized subject – exam content specific to each major field of study	Written exam			13:50 – 14:50
Interview	Oral interview	Starting 14:00	Starting 14:00	Starting 15:00

Note:

- No dictionary allowed.
- Specialized subject exams vary in type and designated ending time between different degree programs and major fields of study.

Place:

Hokkaido University Graduate School of Health Sciences  
(Kita 12, Nishi 5, Kita-ku, Sapporo)

### Working Adult Applicants

Degree Program Exam subject	Format	Master's Degree Program in Health Sciences	Master's Degree Program in Nursing	
		Major Field of Study		
		Biomedical Science and Engineering Medical Laboratory Science Rehabilitation Health Research Studies	Nursing Science	Advanced Public Health Nursing Advanced Midwifery Advanced Practice Nursing
Specialized subject - essay	Written exam	12:30 – 13:30		
Specialized subject – exam content specific to each major field of study	Written exam			13:50 – 14:50
Interview	Oral interview	Starting 14:00	Starting 14:00	Starting 15:00

Note:

- No dictionary allowed.
- Specialized subject exams vary in type and designated ending time between different degree programs and major fields of study.

Place:

Hokkaido University Graduate School of Health Sciences  
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### Overseas Student Applicants

Degree Program          Exam subject	Format	Master's Degree Program in Health Sciences	Master's Degree Program in Nursing	
		Major Field of Study		
		Biomedical Science and Engineering Medical Laboratory Science Rehabilitation Health Research Studies	Nursing Science	Advanced Public Health Nursing Advanced Midwifery Advanced Practice Nursing
Online admissions interview	Oral interview	Interview time TBA		

Note:

- We will advise each applicant of the online interview methods at a later date.
- Applicants must arrange Internet access and equipment (e.g. webcam) on their own to be interviewed online by the academic admissions exam date specified in 6. 1).

## 7. Exam Results Release

10:00 am on Friday, September 20, 2024, (online results release approximately at 10:30 am)

Results will be posted on the notice board in the entrance hall of the Graduate School of Health Sciences as well as on the Graduate School website <https://www.hs.hokudai.ac.jp/e/>.

Results will also be sent to applicants by mail.

No phone inquiries are accepted.

## 8. Student Registration Procedures

1) Instructions on the registration process and registration window period will be sent with your acceptance letter.

2) Tuition fees and other fees

i) Confirmation fee: 282,000 yen (subject to change)

ii) First-semester tuition fee: 267,900 yen; per annum: 535,800 yen (both subject to change)

Note:

- The figures provided above are subject to change. New fees will apply upon revision when starting a degree program or while studying at the university.
- You may be entitled to a waiver or deferment of the confirmation fee and tuition fees. Instructions on how to apply will be sent with your acceptance letter.

## 9. Application Review for Qualification Approval

Applicants who fall into 9), 10) or 11) in “3. Application Requirements” must go through an application review for qualification approval before applying for a master’s degree program.

1) Application Period (starting date, closing date & time):

From Monday, June 17 to Friday, June 21, 2024

Office open: 8:30 am to 5:00 pm (Japan Standard Time)

Submit the documents listed in 9. 2) in person, or by post to the address in 9. 3) (send by “Kakitome-Sokutatsu” (insured registered express mail) via Japan Post, or its equivalent from overseas). The closing date must be strictly observed.

2) Required Documents

a) Applicants who fall into 9) or 10) in “3. Application Requirements”

i) Application form for application review for qualification approval	Use a prescribed form.
ii) Transcript	A sealed transcript from the president/principal of the

	university you are currently enrolled in or the dean of your undergraduate school of the university.
iii) Enrollment certificate	Must be issued by the president/principal of the university you are currently enrolled in or the dean of your undergraduate school of the university. The certificate must specify the duration of your university attendance.
iv) Recommendation letter	A sealed recommendation letter from the president/principal of the university you are currently enrolled in or the dean of your undergraduate school of the university.
v) Return envelope (to be used to release our application review decisions to the applicants)	Applying from within Japan: Provide a self-addressed stamped envelope (approx. 120mm x 235mm in size) with 354 yen postage. Applying from overseas: A return envelope is not required.

b) Applicants who fall into 11) in “3. Application Requirements”

i) Application form for application review for qualification approval	Use a prescribed form.
ii) Transcript from the educational institute you gained your highest educational qualification/attainment from	A <u>sealed</u> transcript issued by the head of the educational institute from which you gained your highest educational qualification/attainment.
iii) Graduation certificate from the educational institute you gained your highest educational qualification/attainment from	Issued by the head of the educational institute from which you gained your highest educational qualification/attainment.
iv) Certificate of employment stating the duration of employment	Must be issued by the head of the organization who specifies the duration of employment and job description of the applicant if the applicant's employment history includes technical or professional positions
v) Personal statement	Use a prescribed form. Attach photocopies of the proof of research history, work experience or research achievements if applicable.
vi) Documents supporting your highest educational qualification/attainment	Graduates of junior colleges, colleges of technology, specialized training colleges or other types of schools should provide supporting documents which state the admissions requirements to the completed program, graduation requirements (incl. the duration of school attendance, courses and number of credits) as well as the syllabi of the courses required for graduation with course descriptions.
vii) Return envelope (to be used to release our application review decisions to the applicants)	Applying from within Japan: Provide a self-addressed stamped envelope (approx. 120mm x 235mm in size) with 354 yen postage. Applying from overseas: A return envelope is not required.

Note:

- ii) and iii) in the above a) and b) are the original copies of high school graduation or higher.
- ii), iii) and vi) are not required if you have graduated from the College of Medical Technology, Hokkaido

University

### 3) How and where to submit the application documents

i) Please mark “Documents enclosed – master’s application review for qualification approval” in red on the envelope you use. Submit the required documents listed above in person at or by post to the address below.

ii) Postal address:

Academic Affairs  
Administration Division  
Graduate School of Health Sciences  
Administrative Office of Medicine and Health Sciences  
Hokkaido University  
Kita 12, Nishi 5, Kita-ku, Sapporo 060-0812  
JAPAN

### 4) How we review your application

Our committee reviews the number of credits and grades you have earned, research content and work experience detailed on your application. We may ask you for further documents if required to proceed with the application review.

### 5) Qualification approval release

The results of the committee decision will be sent out to applicants by post on Friday, July 5, 2024.

## 10. Extended Enrollment Policy and Procedures

Students in employment (or engaged in nursing care or childcare) may be approved for an extended duration of study to complete their degree programs in each agreed schedule beyond two years as the standard duration of study and up to a set period not exceeding four years.

Eligible students are those working in civil service positions or private sector organizations (excluding the employees on salary who are excused from duty), the self-employed, full-time working professionals, those who are engaged in childcare or nursing care for family members or those whose university study is significantly disrupted by the extra duties and obligations incidental to the said care activities.

The extended enrollment shall be reviewed and approved case-by-case by the Graduate School.

To apply, drop an inquiry to us at the email address in 4. 3) “Where to Submit the Application Documents” for the extended enrollment application form and relevant documents. Submit those with your admissions application documents.

Please be advised that you discuss the matter with your prospective supervising faculty member in advance. You need to prepare yourself well beforehand since you will be required to submit documentary proof for your extended enrollment.

## 11. Privacy Policy

1) We take all possible measures to safeguard the personal data we collect under the National University

Corporation Hokkaido University Personal Information Management Rules while strictly adhering to the Act on the Protection of Personal Information Held by Incorporated Administrative Agencies.

2) The data you provided including your name and postal address will be used in the operations shown below.

- i) Admissions (admissions and selection procedures)
- ii) Exam results release
- iii) Student registration procedures
- iv) Research and investigation on admissions selection methods
- v) Auxiliaries to the above

3) We may entrust part of our operations to an external contractor (hereinafter referred to as “contractor”). All or part of your data may be shared with the contractor only to the extent necessary to perform the entrusted operations.

4) The personal data of successful applicants in their application documents will be used for the following purposes.

- i) Academic affairs operations (student records and advice in academic affairs)
- ii) Student support services (healthcare and scholarship applications)
- iii) Post-graduate career placement services
- iv) Tuition fees management

5) Among the data in the above 4), names and postal addresses may be used for communication with the Hokkaido University Frontier Foundation and the below university-related organizations.

- i) Hokkaido University Athletic Union
- ii) Hokkaido University Alumni Association
- iii) Alumni association for the Department of Health Sciences, School of Medicine, Hokkaido University and the College of Medical Technology, Hokkaido University

## 12. Advance notice

### Change in English language proficiency requirements from AY2027 admissions

All “working adult applicants” and “overseas student applicants” must provide proof of English language proficiency following the revision below.

[For AY2025 and AY2026 admissions]

An Official Score Report (original) of **TOEFL** or **IELTS** taken within two years before the master’s admissions exam month.

[From AY2027 admissions onwards]

An Official Score Report (original) of **TOEFL** or **IELTS Academic Module** taken within two years before the master’s admissions exam month.



# Graduate School of Health Sciences Division of Health Sciences

## Master's Program Supervising Faculty

As of April 1, 2024

Degree Program	Major Field of Study (Education and Research Field)	Faculty Name and Email	Major Research Topics
Master's Degree Program in Health Sciences	Biomedical Science & Engineering	Professor Tamotsu Kamishima ktamotamo2@hs.hokudai.ac.jp	1) Research on automatic detection of joint space narrowing using radiography 2) Research on quantitative evaluation of inflammatory joint disease activity using ultrasound and MR images 3) Research on the quantification of osteoporosis
		Associate Professor Hiroyuki Sugimori sugimori@hs.hokudai.ac.jp	1) Development of deep learning-based diagnostic assistance programs 2) Development of quantitative image processing algorithms for medical images 3) Medical image analysis with computer vision and programming
		Associate Professor Hiroyuki Takashima hirotakashima@pop.med.hokudai.ac.jp	1) Quantitative image analysis for various disorders 2) Study for metabolism of muscle and bone with aging and inflammation 3) Development of image analysis for musculoskeletal disorders
		Associate Professor Hisanori Fukunaga hisanori.fukunaga@hs.hokudai.ac.jp	1) Tissue-sparing response in spatially fractionated radiation fields and its application for radiation therapy 2) Radiation-induced impacts on mitochondrial DNA
	Medical Laboratory Science	Professor Hiroyuki Yamaguchi hiroyuki@med.hokudai.ac.jp	1) Persistent infection of intercellular pathogens and its molecular basis 2) Adaptive strategy of human pathogens for their surviving in natural environments 3) Analysis of symbiosis among microbes focused on an interaction of unculturable bacteria with amoebae
		Professor Akihiro Ishizu aishizu@med.hokudai.ac.jp	1) Pathology and pathogenesis of vasculitis 2) Biophylaxis and its disorders 3) Analysis of pathogenic autoantibodies
		Professor Shu-Ping Hui keino@hs.hokudai.ac.jp	1) Research on plasma lipoproteins and bioactive lipids 2) Research on dyslipidemia such as ectopic lipid storage disease 3) Research on oxidative stress response and regulation of mitochondrial function 4) Research and development of functional foods and elucidation of mechanism of action
		Associate Professor Sanae Kaga sanae@med.hokudai.ac.jp	1) Assessment of cardiovascular diseases using ultrasonography 2) Assessment of age-related changes in cardiac shape and function 3) Study of method for standardization and accuracy control of ultrasonographic examination

Degree Program	Major Field of Study (Education and Research Field)	Faculty Name and Email	Major Research Topics
Master's Degree Program in Health Sciences	Medical Laboratory Science	Associate Professor Toshihiro Sakurai sakura@hs.hokudai.ac.jp	1) Plasma lipid and lipoprotein metabolism 2) Development of clinical examination and analytical methods 3) Functional food chemistry for health
		Associate Professor Shogo Tamura stamura@hs.hokudai.ac.jp	1) Elucidation of the bone marrow hematopoietic microenvironment 2) Development of bone marrow organoids 3) Molecular pathophysiology of congenital blood coagulation disorders
	Rehabilitation	Professor Harukazu Tohyama tohyama@med.hokudai.ac.jp	1) Rehabilitation for musculoskeletal disorders 2) Athletic rehabilitation 3) Biology and biomechanics for tendon and ligament
		Professor Hiroshi Maejima maeji@hs.hokudai.ac.jp	1) Synaptic modification induced by exercise and motor learning 2) Neuromodulation for kinesiotherapy in disorder of the central nervous system 3) Health promotion and prevention of degenerative change in the elderly.
		Professor Takako Chikenji chikenji@pop.med.hokudai.ac.jp	1) Cell senescence in regeneration and inflammatory disease 2) Mesenchymal progenitors/stromal cells in inflammatory disease
		Professor Daisuke Sawamura D.sawamura@pop.med.hokudai.ac.jp	1) Neurorehabilitation for patients with cognitive impairment 2) Structural and functional neuroimaging studies to elucidate the mechanism of cognition 3) Development of assessment and intervention through biomedical engineering collaboration
		Professor Mina Samukawa mina@hs.hokudai.ac.jp	1) Sports injury prevention 2) Effects of therapeutic exercises 3) Warm up effects
		Associate Professor Taisuke Miyazaki miyazaki@med.hokudai.ac.jp	1) Molecular mechanism of neurotransmitter-specific contact between pre- and postsynapse 2) Molecular mechanism of excitatory and inhibitory network formation in the cerebellum 3) Zone-specific neuronal circuit in the cerebellar cortex
		Associate Professor Naoya Hasegawa n_hasegawa@hs.hokudai.ac.jp	1) Rehabilitation for movement disorders 2) Motor learning on postural control and Effects of sensory biofeedback training 3) Mechanism and Quantitative assessment of postural Control
	Health Research Studies	Professor Koichi Yokosawa yokosawa@med.hokudai.ac.jp	1) Non-invasive measurements and imaging of human brain functions (e.g., communication, memory, music perception) 2) Research on evaluating endogenous brain functions (emotion, impulsivity, or stress) by electrophysiological measurements 3) Bio-medical engineering to decode higher order brain functions

Degree Program	Major Field of Study (Education and Research Field)	Faculty Name and Email	Major Research Topics
Master's Degree Program in Health Sciences	Health Research Studies	Professor Katsuhiko Ogasawara oga@hs.hokudai.ac.jp	1) Health Service research and Social health informatics 2) Health economics and health policy research 3) Health technology assessment 4) Disaster medical informatics
		Professor Taro Yamauchi taroy@med.hokudai.ac.jp	*Contribute to health and wellbeing of people, society, and planet through field research 1) Transdisciplinary Research: Participatory Action Research (PAR) with local children and stakeholders 2) Water, Sanitation, & Hygiene (WASH), Menstrual Hygiene Management (MHM) 3) Diet & nutrition, Physical Activity, Growth & Development, Well-being, Planetary Health
		Professor Atsuko Ikeda atsuko_ikeda@hs.hokudai.ac.jp	1) Epidemiological studies on Environmental Chemical Exposures and their effect on adverse health outcomes. 2) Birth cohort studies on environment and children's health 3) Indoor air quality and inhabitants' health
		Professor Shu-Ping Hui keino@hs.hokudai.ac.jp	1) Research on plasma lipoproteins and bioactive lipids 2) Research on dyslipidemia such as ectopic lipid storage disease 3) Research on oxidative stress response and regulation of mitochondrial function 4) Research and development of functional foods and elucidation of mechanism of action
		Associate Professor Mika Otsuki lasteroideb612@pop.med.hokudai.ac.jp	1) Clinical neuropsychology/ cognitive neurology (researching on mechanism of aphasia, agnosia, apraxia and memory impairment.) 2) Neuroimaging studies using fMRI or ECDL. 3) Interdisciplinary study of language.
		Associate Professor Bomme Gowda Siddabasave Gowda gowda@gfr.hokudai.ac.jp	1) Lipid profiling for disease biomarker discovery using advanced LC-MS 2) Synthesis and functional studies of bioactive lipids [ex: FAHFs, oxylipins, S1P] 3) Food composition analysis and their constituents, screening for inhibition of lipid metabolism disorders [ex: obesity]
Master's Degree Program in Nursing	Nursing Science	Professor Yasuhiko Ebina ebiyas@hs.hokudai.ac.jp	1) Enhancing women's wellness through a holistic approach 2) Supporting mothers and children through the biopsychosocial network 3) Psychological empowerment in women's cancer prevention strategies
		Professor Etsuko Tadaka e_tadaka@pop.med.hokudai.ac.jp	1) The generation of evidence and development of preventive approaches related to health/longevity 2) The development of new theories, techniques, indicators, and manufacturing in community care systems/programs 3) Empirical research on the prevention of social isolation and loneliness and community development 4) The setting and solving agenda related to public and community nursing in the next society

Degree Program	Major Field of Study (Education and Research Field)	Faculty Name and Email	Major Research Topics
Master's Degree Program in Nursing	Nursing Science	Professor Rika Yano r-yano@med.hokudai.ac.jp	1) Development of Nursing Care Outcome Model 2) Visualization of Nursing Arts by Expert Nurses 3) Study on Educational Strategies for Developing Nursing Skills
		Professor Naomi Sumi nsumi@hs.hokudai.ac.jp	1) Standardization and development of programs for discharge planning and community medical cooperation 2) Research of care system and care management for cancer patients and their families 3) Development and evaluation of advance practice of clinical nursing specialists and education in CNS course
		Professor Katsuhiko Ogasawara oga@hs.hokudai.ac.jp	1) Nursing informatics: ontology and knowledge system 2) Tele-healthcare system and social health informatics 3) Nursing economics and medical technology assessment
		Professor Taro Yamauchi taroy@med.hokudai.ac.jp	*Contribute to health and wellbeing of people, society, and planet through field research 1) Transdisciplinary Research: Participatory Action Research (PAR) with local children and stakeholders 2) Water, Sanitation, & Hygiene (WASH), Menstrual Hygiene Management (MHM) 3) Diet & nutrition, Physical Activity, Growth & Development, Well-being, Planetary Health
		Professor Atsuko Ikeda atsuko_ikeda@hs.hokudai.ac.jp	1) Epidemiological studies on Environmental Chemical Exposures and their effect on adverse health outcomes. 2) Birth cohort studies on environment and children's health 3) Indoor air quality and inhabitants' health
		Associate Professor Naoko Miyajima miyajima@hs.hokudai.ac.jp	1) Development and measurement of mental health nursing skills 2) Research on the mental health of nurses 3) A study of communication channels in nursing
		Associate Professor Mika Otsuki lasteroideb612@pop.med.hokudai.ac.jp	1) Study of cognitive function 2) Study of cognitive impairment of neurological diseases
		Associate Professor Mikiko Iwamoto miki@hs.hokudai.ac.jp	1) Development of the interprofessional ethics education program in the nursing graduate school. 2) Research of Leadership Roles and Management Functions in Nursing
		Associate Professor Yoshiko Kondo kondo.yoshiko@hs.hokudai.ac.jp	1) Sexual and Reproductive Health 2) Women's Health 3) Midwifery 4) Ethics related to Reproductive Health, Medicine and Technology 5) Mental Health of women and family involved in Artificial Reproductive Technology

Degree Program	Major Field of Study (Education and Research Field)	Faculty Name and Email	Major Research Topics
Master's Degree Program in Nursing	Nursing Science	Associate Professor Miho Sato m_sato@med.hokudai.ac.jp	For people with chronic disease/chronic health problems 1) research on psychosocial experience 2) research on QOL and self-care/self-management 3) research on foot health
		Associate Professor Akemi Matsuzawa matsuzawa@hs.hokudai.ac.jp	1) Health and quality of life of children with special health care needs and their families in the communities 2) Support for raising children with special health care needs 3) Evaluation of the quality of care and health care services for children with special health care needs and their families
	Advanced Public Health Nursing	Professor Etsuko Tadaka e_tadaka@pop.med.hokudai.ac.jp	1) The generation of evidence and development of preventive approaches related to health/longevity 2) The development of new theories, techniques, indicators, and manufacturing in community care systems/programs 3) Empirical research on the prevention of social isolation and loneliness and community development 4) The setting and solving agenda related to public and community nursing in the next society
	Advanced Midwifery	Professor Yasuhiko Ebina ebiyas@hs.hokudai.ac.jp	1) Enhancing women's wellness through a holistic approach 2) Supporting mothers and children through the biopsychosocial network 3) Psychological empowerment in women's cancer prevention strategies
		Associate Professor Yoshiko Kondo kondo.yoshiko@hs.hokudai.ac.jp	1) Sexual and Reproductive Health 2) Women's Health 3) Midwifery 4) Ethics related to Reproductive Health, Medicine and Technology 5) Mental Health of women and family involved in Artificial Reproductive Technology
	Advanced Practice Nursing	Professor Naomi Sumi nsumi@hs.hokudai.ac.jp	1) Standardization and development of programs for discharge planning and community medical cooperation 2) Research of care system and care management for cancer patients and their families. 3) Development and evaluation of advance practice of clinical nursing specialists and education in CNS course